

Modulated phases of a 1D sharp interface model in a magnetic field*

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We investigate the ground states of 1D continuum models having short-range ferromagnetic type interactions and a wide class of competing longer-range antiferromagnetic type interactions. The model is defined in terms of an energy functional, which can be thought of as the Hamiltonian of a coarse-grained microscopic system or as a mesoscopic free energy functional describing various materials. We prove that the ground state is simple periodic whatever the prescribed total magnetization might be. Previous studies of this model of frustrated systems assumed this simple periodicity but, as in many examples in condensed matter physics, it is neither obvious nor always true that ground states do not have a more complicated, or even chaotic structure.

1. INTRODUCTION

In two previous papers [1, 2] we considered one-dimensional discrete and continuum models of classical spin systems with short and long range competing interactions. We proved that, if the long-range interactions are reflection positive and the short range interaction is ultralocal (nearest neighbor in the lattice case), then the ground states of the system display periodic striped order. The proof was based on antiferromagnetic reflections about the nodes of the spin density configuration, and used the fact that no external magnetic field was imposed or, equivalently, that the total magnetization was zero. In this note, we extend the

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analysis of [1, 2] to a continuum sharp interface model in the case of non-zero magnetization. We find that for a large class of antiferromagnetic long range interactions with arbitrarily fixed total magnetization, all the ground states are *simple periodic*, i.e., they consist of a sequence of blocks of alternate sign of the spin and alternate lengths $\dots, \ell_1, \ell_2, \ell_1, \ell_2, \dots$, so that the magnetization per unit length, which is specified, is $m = (\ell_1 - \ell_2)/(\ell_1 + \ell_2)$. Recently, Nielsen, Bhatt and Huse [3] studied the dependence of the period $\ell_1 + \ell_2$ on the surface tension in such a 1D sharp interface model with power law interactions, under the assumption (supported by numerical evidence) that all the ground states of the system are simple periodic. One of our goals here is to prove that their restriction to simple periodicity is justified.

If we give up the continuum nature of the model then, in general, the simple periodic states are not expected to be the ground states of the system. Indeed, for a discrete Ising model with long-ranged antiferromagnetic convex interactions, the ground states display a complex structure as a function of the prescribed magnetization. See [4–6].

Simple periodicity cannot, therefore, be taken for granted, and since the numerical tests commonly investigate only the local stability of not-too-complex periodic structures, it is desirable to have a rigorous proof of simple periodicity. In this paper we provide such a proof for reflection positive potentials (including the power-law potentials considered in [3]) and for perturbations of reflection positive potentials. Indeed the number of physical models for which periodicity can be rigorously proved is very small [7–9], and our methods here might lead to other useful examples. This is of particular interest in 2D, where mesoscopic free energy functionals of the type we consider here have been proposed as models for micromagnets [10–12], diblock copolymers [13–15], anisotropic electron gases [16, 17], polyelectrolytes [18], charge-density waves in layered transition metals [19] and superconducting films [20]. In all these systems, existence of simple periodic ground states has been argued heuristically [10, 12–14, 16, 17, 20–23], but there are at present only few rigorous results [11, 24–27].

The paper is organized as follows. In Section 2 we define the model, state the main results in the form of two theorems, and discuss their significance. In Section 3 we prove the first theorem, for the case of reflection positive interactions. The proof combines ideas from our previous papers and from [7–9]. In Section 4 we prove stability of our results, namely that small perturbations of reflection positive interactions do not affect the simple periodicity of the ground state. In Section 5 we discuss the ground state properties of the system at small J . In Appendix A we prove some non-degeneracy properties of the minimizers, used in the proof of Theorem 1.

2. MAIN RESULTS

Given $L > 0$, we consider the following energy functional:

$$\mathcal{E}(u) = \frac{J}{2} \int_0^L dx |u'| + \frac{1}{2} \int_0^L dx \int_{-\infty}^{+\infty} dy u(x) v(x-y) \tilde{u}(y), \quad (1.1)$$

where $J > 0$, v is a positive potential, and u is a function defined for $0 \leq x \leq L$ that assumes the values ± 1 , representing the configurations of our 1D magnetic system, and u' is its derivative. For any function u with values ± 1 , $\int_0^L dx |u'|$ is simply twice the number of times $u(x)$ jumps from $+1$ to -1 or from -1 to $+1$.

The function \tilde{u} , in (1.1), is the (Neumann) extension of u over the whole real axis and is defined as follows. Given a function w defined in an interval $I = [a, b]$, its Neumann extension \tilde{w} is obtained from w by iteratively reflecting it about the endpoints a, b of I and about their images, see Fig. 1.

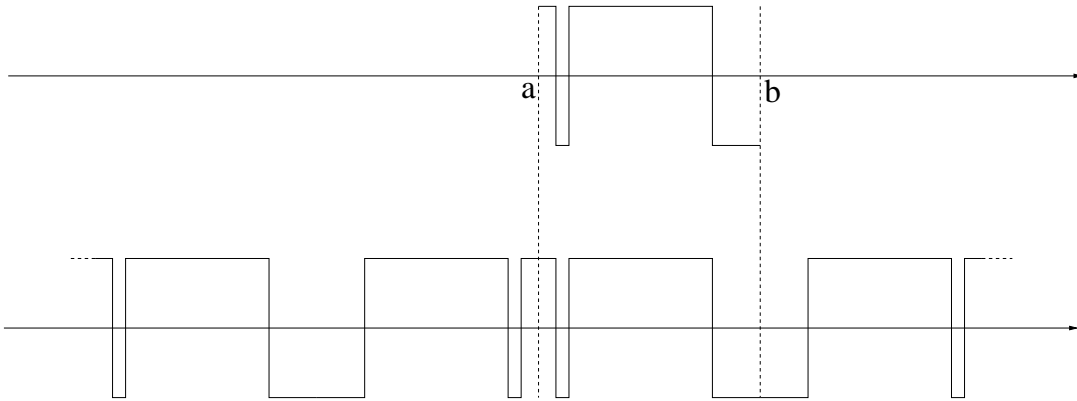


FIG. 1: A function defined in the interval $[a, b]$ (upper part) and its Neumann extension (lower part).

We will also assume that u satisfies the magnetization constraint:

$$\frac{1}{L} \int_0^L dx u(x) = m, \quad 0 \leq m < 1. \quad (1.2)$$

In the following, we shall require that the potential v satisfies some positivity properties. More precisely, we shall consider:

1. Reflection positive potentials, i.e.,

$$v(x) = \int_0^\infty d\alpha \mu(\alpha) e^{-\alpha|x|}, \quad (1.3)$$

with μ a positive density such that v is integrable, i.e., $\int_0^\infty d\alpha \mu(\alpha) \alpha^{-1} < \infty$; (1.3) is equivalent to the condition that v is completely monotone, i.e., $(-1)^n \frac{d^n v(x)}{dx^n} \geq 0$, for all $x > 0$, $n \geq 0$ [28];

2. Finite range perturbations of reflection positive potentials, i.e.,

$$v(x) = v_0(x) + f_\varepsilon(x), \quad (1.4)$$

with v_0 as in (1.3) and f_ε a finite, even potential, with range ε .

Our first result is that in the case of reflection positive interactions the minimizers of (1.1) are simple periodic, for all $J > 0$.

Theorem 1 [Simple periodicity]. *Given an integer M and $0 \leq m < 1$, let $u_{M,m}(x)$ be defined for $0 \leq x \leq L/M$ by*

$$u_{M,m}(x) = \begin{cases} +1 & \text{if } 0 \leq x \leq \frac{1+m}{2} \frac{L}{M}; \\ -1 & \text{if } \frac{1+m}{2} \frac{L}{M} \leq x \leq \frac{L}{M}. \end{cases} \quad (1.5)$$

Then all the finite volume minimizers of (1.1) with reflection positive potential (1.3) are of the form $w_M^+(x) = \tilde{u}_{M,m}(x)$ or $w_M^-(x) = \tilde{u}_{M,m}(x - \frac{L}{M})$, with M fixed by the variational equation

$$\mathcal{E}(w_M^\pm) = \min_{M'} \mathcal{E}(w_{M'}^\pm), \quad (1.6)$$

where M' is a positive integer.

The variational equation (1.6) has been studied and solved, for some explicit choices of v , in [3].

One might worry about the fact that the resulting picture of a zero temperature phase diagram consisting of simple periodic ground states crucially depends on the choice of a reflection positive, or at least convex, potential. Any reflection positive potential is convex and any convex potential that goes to zero at infinity has a cusp at $x = 0$. A natural question, therefore, is whether the cusp plays an important role or not in the resulting phenomenon. It is reassuring that we can prove that the simple periodicity property is stable under small perturbations f_ε of the reflection positive potential that remove the cusp, as long as ε is smaller than the resulting period.

Theorem 2 [Perturbative stability]. *Let v, v_0 and f_ε be defined as in (1.4) and let us assume that*

$$\varepsilon < \frac{J}{\int_{-\infty}^{\infty} dx (v_0(x) + 2|f_\varepsilon(x)|)}. \quad (1.7)$$

Then the finite volume minimizers of (1.1) with perturbed reflection positive potential (1.4) are functions of the form w_M^\pm , with w_M^\pm defined as in Theorem 1, and with M fixed by the variational equation

$$\mathcal{E}(w_M^\pm) = \min_{M'} \mathcal{E}(w_{M'}^\pm). \quad (1.8)$$

Theorem 2 can be interpreted as saying that for any finite J the simple periodicity property is stable under small finite-range perturbations of the potential. It can also be interpreted the other way round: For any given finite-range perturbation of a reflection positive potential, the ground state is simply periodic if J is large enough. In this sense, it suffices that the tails of the long range interaction are “reflection positive”, in order for the ground state to be simply periodic, at least if J is large enough. On the contrary, at small values of J , the structure of the ground states may depend critically on the short range properties of the potential, as discussed in Section 4, after the proof of Theorem 2.

A similar stability result is valid for *lattice models* in zero magnetic field. Consider a 1D Ising model with finite range ferromagnetic interactions and long range antiferromagnetic reflection positive interactions. If the strength J of the nearest neighbor (n.n.) ferromagnetic interaction is large enough, while the strength of the next to nearest neighbor ferromagnetic and long range antiferromagnetic interactions are kept fixed, the ground states are simple periodic. This extends the results of [1], where simple periodicity was proved only for the case of n.n. ferromagnetic interactions. The proof of this claim goes along the same lines as the proof of Theorem 2 and we will not belabor its details here.

3. PROOF OF THEOREM 1

Let us first fix an integer M and let us temporarily restrict ourselves to functions with exactly M jumps in $[0, L]$. Let us rewrite the energy of such functions in the form:

$$\mathcal{E}(u) = JM + \frac{1}{2} \int_0^\infty d\alpha \mu(\alpha) E_\alpha(u), \quad E_\alpha(u) = \int_0^L dx u(x) W_{\alpha,u}(x), \quad (3.1)$$

where

$$W_{\alpha,u}(x) = \int_{-\infty}^{+\infty} dy e^{-\alpha|x-y|} \tilde{u}(y) \quad (3.2)$$

is the potential at point x associated to the exponential interaction $e^{-\alpha|x-y|}$. A short calculation shows that $W_{\alpha,u}$ satisfies the linear second order equation

$$W_{\alpha,u}''(x) - \alpha^2 W_{\alpha,u}(x) = -\alpha u(x). \quad (3.3)$$

For a given M and m exactly one simple periodic function exists (up to translations). We are going to prove that for each $\alpha > 0$, $E_\alpha(u)$ is minimized by this simple periodic function and, therefore, $\mathcal{E}(u)$ is also minimized by this function.

Let us now fix α and let w be a minimizer of $E_\alpha(u)$ in the space of functions with exactly M jumps. We can assume, without loss of generality, that $w(0) =$

+1. In this case, w is uniquely determined by the sequence of its jump points $0 \leq z_1 \leq z_2 \leq \dots \leq z_M \leq L$, see Fig.2; these jump points have to satisfy a constraint induced by (1.2):

$$z_1 - (z_2 - z_1) + \dots + (-1)^{M-1}(z_M - z_{M-1}) + (-1)^M(L - z_M) = Lm. \quad (3.4)$$

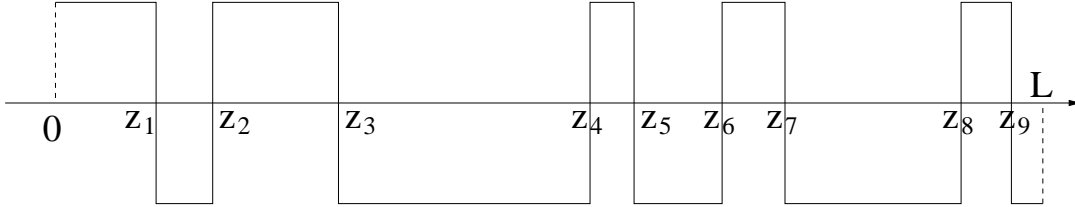


FIG. 2: A putative minimizer w of $E_\alpha(u)$ in the subspace of functions with $M = 9$ jumps, and its sequence of non-degenerate jump points.

The existence of a minimizer for fixed α and fixed number of jumps is proved in Appendix A, where it is shown in particular that any such minimizer has a non degenerate sequence of jump points, i.e., $0 < z_1 < z_2 < \dots < z_M < L$, and that the potential at the jump points is constant, i.e., $W_{\alpha,w}(z_i)$ is independent of i . As discussed in Appendix A, the potential $W_{\alpha,w}$ is strictly convex in the intervals where w is negative and concave in the intervals where w is positive. Therefore, $W_{\alpha,w}$ has exactly one zero derivative point in each interval (z_i, z_{i+1}) , $i = 1, \dots, M-1$; let us denote it by x_i , $x_i \in (z_i, z_{i+1})$. We also define $x_0 = 0$ and $x_M = L$; note that, by the Neumann's boundary conditions imposed on the big box $[0, L]$, we also have that $W'_{\alpha,w}(x_0) = W'_{\alpha,w}(x_M) = 0$.

The ordered (and non degenerate) sequence of points x_i , $i = 0, \dots, M$, induces a partition of $[0, L]$ in intervals $I_i = [x_i, x_{i+1}]$ characterized by the fact that $W'_{\alpha,w}(x_i) = 0$. Now, the first key remark, due to Müller and to Chen and Oshita [7, 9], is that, for every $x \in I_i$, $W_{\alpha,w}(x) = W_{\alpha,w_i}(x)$, where $w_i = \tilde{w}_{I_i}$, with w_{I_i} the restriction of w to I_i . In other words the claim is that, if we restrict to intervals whose endpoints are zero derivative of the potential, then the potential inside such an interval is the same as one would get by repeatedly reflecting w_{I_i} about the endpoints of I_i and about their images under reflections. The reason is very simple: both $W_{\alpha,w}(x)$ and $W_{\alpha,w_i}(x)$ satisfy the same equation (3.3) in the same interval, with $W' = 0$ boundary conditions at x_i and x_{i+1} . The solution of the linear equation (3.3) with these boundary conditions is unique, which means that the two potentials must be the same on I_i . Therefore,

$$\int_0^L w(x)W_{\alpha,w}(x) = \sum_{i=0}^{M-1} \int_{x_i}^{x_{i+1}} w_i(x)W_{\alpha,w_i}(x). \quad (3.5)$$

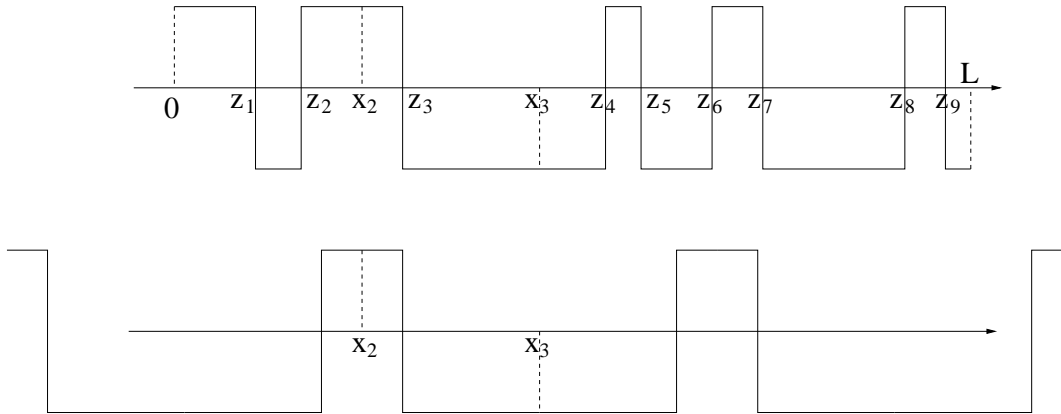


FIG. 3: A putative minimizer w with $M = 9$ jumps (upper part). If x_2 and x_3 are zero derivative points of w , then the potential generated by w and by \tilde{w}_3 (lower part) inside the interval $[x_2, x_3]$ are the same.

On the other hand, denoting by p_i, q_i the lengths of the positive and negative parts of w_i on I_i , respectively, a computation shows that

$$\alpha^2 \int_{x_i}^{x_{i+1}} w_i(x) W_{\alpha, w_i}(x) = 2p_i \alpha + 2q_i \alpha - 4 \frac{\sinh(\alpha p_i) \sinh(\alpha q_i)}{\sinh(\alpha p_i + \alpha q_i)} \equiv f(\alpha p_i, \alpha q_i). \quad (3.6)$$

It is straightforward to check that f is a jointly strictly convex function of the variables (p, q) , that is, the second derivative matrix (the Hessian) of $f(x, y)$, which is

$$H(f)(x, y) = \frac{8}{[\sinh(x+y)]^3} \begin{pmatrix} (\sinh y)^2 \cosh(x+y) & -\sinh x \cdot \sinh y \\ -\sinh x \cdot \sinh y & (\sinh x)^2 \cosh(x+y) \end{pmatrix}, \quad (3.7)$$

is positive definite for all $x, y > 0$. The convexity implies that the minimum energy occurs when all the p_i and q_i are the same, given the constraint on their sums. Thus, the potential energy at fixed α of a minimizer ϕ in the subspace of functions with M jumps satisfies:

$$\begin{aligned} \alpha^2 \int_0^L w(x) W_{\alpha, w}(x) &= \sum_{i=0}^{M-1} f(\alpha p_i, \alpha q_i) \geq M f\left(\alpha \frac{\sum_i p_i}{M}, \alpha \frac{\sum_i q_i}{M}\right) = \\ &= M f\left(\alpha \frac{L}{M} \frac{1+m}{2}, \alpha \frac{L}{M} \frac{1-m}{2}\right). \end{aligned} \quad (3.8)$$

In the last equality we used the mass constraint (1.2). Note that the inequality in (3.8) is strict unless the values of (p_i, q_i) are independent of i . Now, the r.h.s. of (3.8) is nothing else but $\int_0^L dx \int_{\mathbb{R}} dy w_M^\pm(x) e^{-\alpha(x-y)} \tilde{w}_M^\pm(y)$, with w_M^\pm defined as in Theorem 1. This shows that the only two minimizers of $E_\alpha(u)$ on the subspace of functions with M jumps are precisely the w_M^\pm defined in Theorem 1. Quite remarkably, these minimizers are independent of α : this is the second key

remark. Therefore, averaging over α and minimizing over M , we get Theorem 1. Q.E.D.

Let us conclude this section by a comment. The proof of Theorem 1 raises the question of whether there might be non simple periodic “metastable” states w in which the potential at the jump points, $W_w(z_i) = \int_0^\infty d\alpha \mu(\alpha) W_{\alpha,w}(z_i)$, are all equal. A computation along the same lines of the proof of Theorem 1 allows one to prove that such metastable states do not exist when $v(x) = Ce^{-\alpha_0|x|}$ but we do not know whether these are possible for more general reflection positive (or just convex) potentials.

4. PROOF OF THEOREM 2

Let us fix $J > 0$ and let us consider a minimizer w of (1.1). Let M^* be its number of jumps and let $h_0 = 2z_1$, $h_1 = z_2 - z_1$, \dots , $h_{M^*-1} = z_{M^*} - z_{M^*-1}$, $h_{M^*} = 2(L - z_{M^*})$ be the corresponding block sizes. An important remark is that, for any fixed $J > 0$, under the assumptions of Theorem 2, there is an a priori upper bound on the block sizes in the ground state. In fact, since w is an energy minimizer, energy must not decrease if we change sign of w in (z_i, z_{i+1}) , i.e., in the block of size h_i . If ΔE denotes the energy change corresponding to such sign change, we have

$$0 \leq \Delta E \leq -2J + 4 \int_{z_i}^{z_{i+1}} dx \int_{z_{i+1}}^\infty dy (v_0(x-y) + |f_\varepsilon(x-y)|). \quad (4.1)$$

Since f_ε has range ε , we see that the r.h.s. of (4.1) is bounded above by $-2J + 2h_i \int_{-\infty}^{+\infty} dx |v_0(x)| + 4\varepsilon \int_{-\infty}^{+\infty} dx |f_\varepsilon(x)|$, which implies

$$h_i \geq \frac{J - 2\varepsilon \int_{-\infty}^{+\infty} dx |f_\varepsilon(x)|}{\int_{-\infty}^{+\infty} dx |v_0(x)|} \equiv h^*, \quad (4.2)$$

with $h^* > 0$, by the assumptions of Theorem 2. It then must be true that $\frac{1-|m|}{2} \frac{L}{M^*} \geq h^*$.

If, as assumed in Theorem 2, the range ε of the perturbation f_ε is strictly smaller than h^* , then the contribution to the ground state energy coming from f_ε is essentially trivial and is given by:

$$\frac{1}{2} \int_0^L dx \int_{\mathbb{R}} dy w(x) f_\varepsilon(x-y) \tilde{w}(y) = L \int_{\mathbb{R}} dx f_\varepsilon(x) - 2M \int_0^\varepsilon dy \int_{-\varepsilon}^0 dx f_\varepsilon(y-x). \quad (4.3)$$

Therefore, defining $J_0 = \frac{1}{2} \int_0^\varepsilon dy \int_{-\varepsilon}^0 dx f_\varepsilon(y-x)$, we can write,

$$\mathcal{E}(w) = L \int f_\varepsilon + (J - J_0)M + \frac{1}{2} \int_0^\infty d\alpha \mu(\alpha) w(x) W_{\alpha,w}(x). \quad (4.4)$$

Proceeding as in Section 3, and using the fact that $\frac{1-|m|}{2} \frac{L}{M^*} \geq h^* > \varepsilon$, we find that the r.h.s. of (4.4) is bounded from below by $\mathcal{E}(w_{M^*}^\pm)$, as desired. As in the proof in Section 3, the bound below is strict, unless $w = w_{M^*}^\pm$. This concludes the proof of Theorem 2. Q.E.D.

5. DISCUSSION

Let us fix a perturbation f_ε . By Theorem 2, we know that for large enough J , the ground states are simply periodic. It is natural to ask what happens for smaller values of J . We claim that in this case the nature of the ground state critically depends on the short range properties of the potential and, more precisely, it depends on whether v is of positive type (i.e., its Fourier transform $\hat{v}(k) \geq 0$) or not. Before we enter a discussion of this claim, let us remark that even if f_ε is arbitrarily small, with an arbitrarily small range, the resulting potential $v = v_0 + f_\varepsilon$ can be of either type, depending on the specific properties of f_ε . E.g., let $v_0(x) = e^{-|x|}$, g_ε a positive compactly supported even function of range ε and $A^{-1} = \int_{-\infty}^{\infty} dx \cosh x g_\varepsilon(x)$, then the potential w , given by the convolution of Av_0 and g_ε , $w = Av_0 * g_\varepsilon$, is continuous, equal to $e^{-|x|}$ for $|x| > \varepsilon$ and equal to $e^{-|x|} + O(\varepsilon^2)$ if $|x| \leq \varepsilon$. Moreover, its Fourier transform has the same sign as that of \hat{g}_ε , which might or might not be positive. For example, the triangle function $g_\varepsilon(x) = \max\{0, \varepsilon - |x|\}$ has $\hat{g}_\varepsilon \geq 0$, while the square function $g_\varepsilon(x) = \theta(\varepsilon - |x|)$ is not of positive type.

We expect that the nature of the ground state at small J depends critically on the positivity of \hat{v} . To gain some intuition about the problem let us first look at the case $J = 0$ and let us temporarily replace the constraint $|u(x)| = 1$ by the softer one $|u(x)| \leq 1$. In this case, if v is of positive type, then the potential term $\int_0^L dx \int_{-\infty}^{+\infty} dy u(x)v(x-y)\tilde{u}(y)$ is happiest when u is constant, i.e., $u \equiv m$. When $\min \hat{v}(k) = \hat{v}(k^*) < 0$ then the potential energy wants u to be modulated at the wavelength k^* , e.g., $u = m + \text{const} \cos(k^*x)$, [21, 23]. Now, in the presence of the hard constraint $|u(x)| = 1$, we can get as close as we like to this by approaching in a weak limiting sense the previous minimizing configurations by a sequence of highly oscillating functions u_i that take only the values ± 1 but which approximate the smooth function $m + \text{const} \cos(k^*x)$. Clearly, in the presence of a small positive J , the minimizer will be close to one of these highly oscillating configurations, with a finite (but possibly very small) oscillation scale. Therefore, if v is not of positive type, the minimizer at small J will be close to a highly oscillating approximation of the aforementioned modulated minimizer, *which is not simply periodic*. If v is of positive type, the minimizer at small J will be close to a highly oscillating approximation of the constant configuration $u \equiv m$, and it may very

well be that the optimal u is simply periodic. We actually conjecture that this is the case.

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Appendix A: Non degeneracy of the minimizers

In this Appendix we show that, for any $\alpha > 0$, the minimizers w of $E_\alpha(u) = \int_0^L dx u(x)W_{\alpha,u}(x)$ on the subspace of functions with exactly M jumps are associated to a non-degenerate sequence of jump points, $z_0 \equiv 0 < z_1 < \dots < z_M < L \equiv z_{M+1}$; in other words, $z_j = z_{j+1}$ does not occur. Moreover, $W_{\alpha,w}(z_i)$, $i = 1, \dots, M$, is independent of i , as claimed in Section 3, right after (3.4).

Given any u with exactly M jumps (not necessarily a minimizer), let us identify it with its (possibly degenerate) sequence of jumps. This space of ordered sequences is clearly compact, so we have at least one minimizing sequence, which can, in principle, be degenerate; let us denote it by $0 \leq z_1 \leq \dots \leq z_M \leq L$. If this sequence is degenerate, let $0 < \tilde{z}_1 < \dots < \tilde{z}_{M_0} < L$, $M_0 < M$, be the non-degenerate ordered subsequence of (z_1, \dots, z_M) . That is, we throw away the degenerate jumps at $z_j = z_{j+1}$. In this case, let us denote by ϕ the non degenerate function belonging to the subspace of functions with M_0 jump points, associated to the sequence $\tilde{z}_1, \dots, \tilde{z}_{M_0}$. Clearly, $\int_0^L dx w(x)W_{\alpha,w}(x) = \int_0^L dx \phi(x)W_{\alpha,\phi}(x)$ and ϕ is a minimizer of E_α in the subspace of functions with M_0 jumps. With some abuse of notation, we shall denote the energy of this non-degenerate configuration, as a function of the position of its jump points, by $E_\alpha(\tilde{z}_1, \dots, \tilde{z}_M)$. By minimality, $\partial_\varepsilon E_\alpha(\tilde{z}_1, \dots, \tilde{z}_i + \varepsilon, \tilde{z}_{i+1} + \varepsilon, \dots, \tilde{z}_M)|_{\varepsilon=0} = 0$, which implies that $W_{\alpha,\phi}(z_i)$ is independent of i , with $i = 1, \dots, M_0$.

Now, the potential $W_{\alpha,\phi}$ is concave in the intervals where ϕ is positive, and convex in the intervals where ϕ is negative, as we shall now prove. Assume that $\tilde{z}_i < x < \tilde{z}_{i+1}$ is such that $\phi(x) = +1$; in this case, rewriting $\phi(x) = -1 + 2\chi_\phi(x)$, with χ_ϕ the characteristic function of the region where $\tilde{\phi}$ is positive, we have that $W_{\alpha,\phi}(x) = -2\alpha^{-1} + 2 \int_{\mathbb{R}} dy e^{-\alpha|x-y|} \chi_\phi(x)$, from which it is apparent that $W_{\alpha,\phi}(x)$ is convex, being the superposition of strictly convex functions. A similar proof applies to the case where x is such that $\phi(x) = -1$. As a consequence, there is exactly one strict internal maximum of the potential in every interval where the minimizer is positive, and exactly one strict internal minimum in every interval

where the minimizer is negative. Therefore, we can always decrease the total potential energy by adding $M - M_0$ non-degenerate jumps, sufficiently close to each other and sufficiently close to, say, the left boundary of the big box $[0, L]$; this contradicts the assumption that w is a minimizer in the subspace of configurations with M jumps, and proves the claim.

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